

REVERSESEC

Sensible Security for AWS Workloads

Nick Jones – Oslo AWS User Group, May 2025

About Me

Nick Jones

- Global Head of Research @ Reversesec
- Ex-Cloudsec Consulting Lead

Active in the community

- fwd:cloudsec EU Content Lead
- fwd:cloudsec NA Reviewer
- AWS Community Builder

Been in the game for a while

- 10+ years in cybersecurity
- ~7 in cloud security



At Present...

Freedom!

- Reversesec is going independent
- Needed to migrate ~30/35 workloads out of the parent

As per usual...

- No budget, no engineers
- We have security consultants!



Agenda



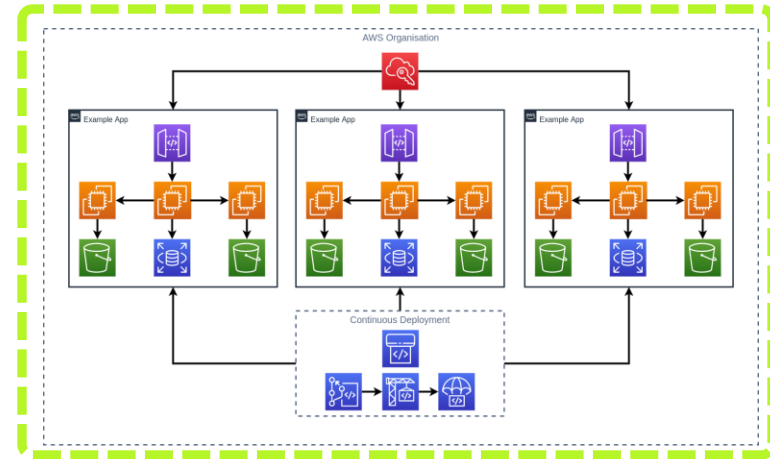
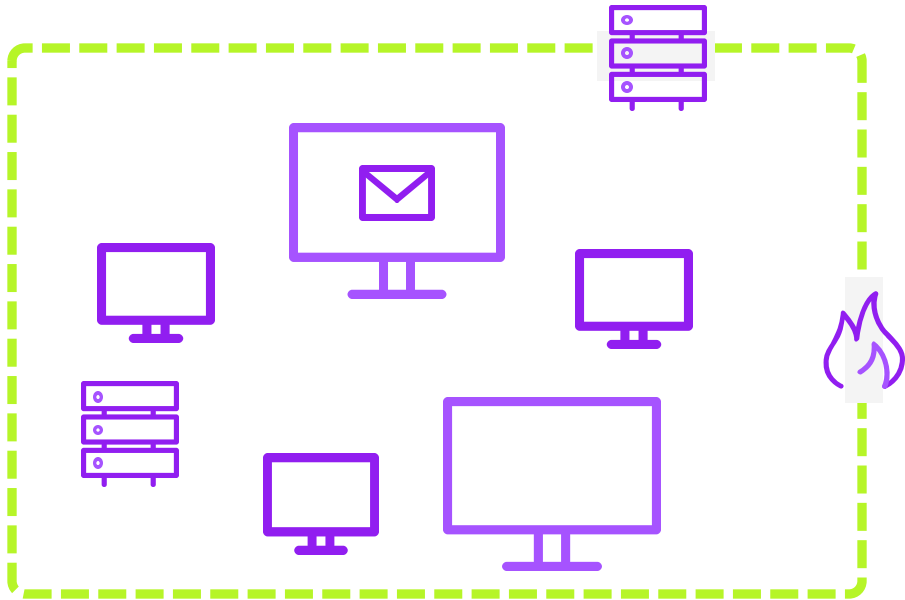
How do people get breached?

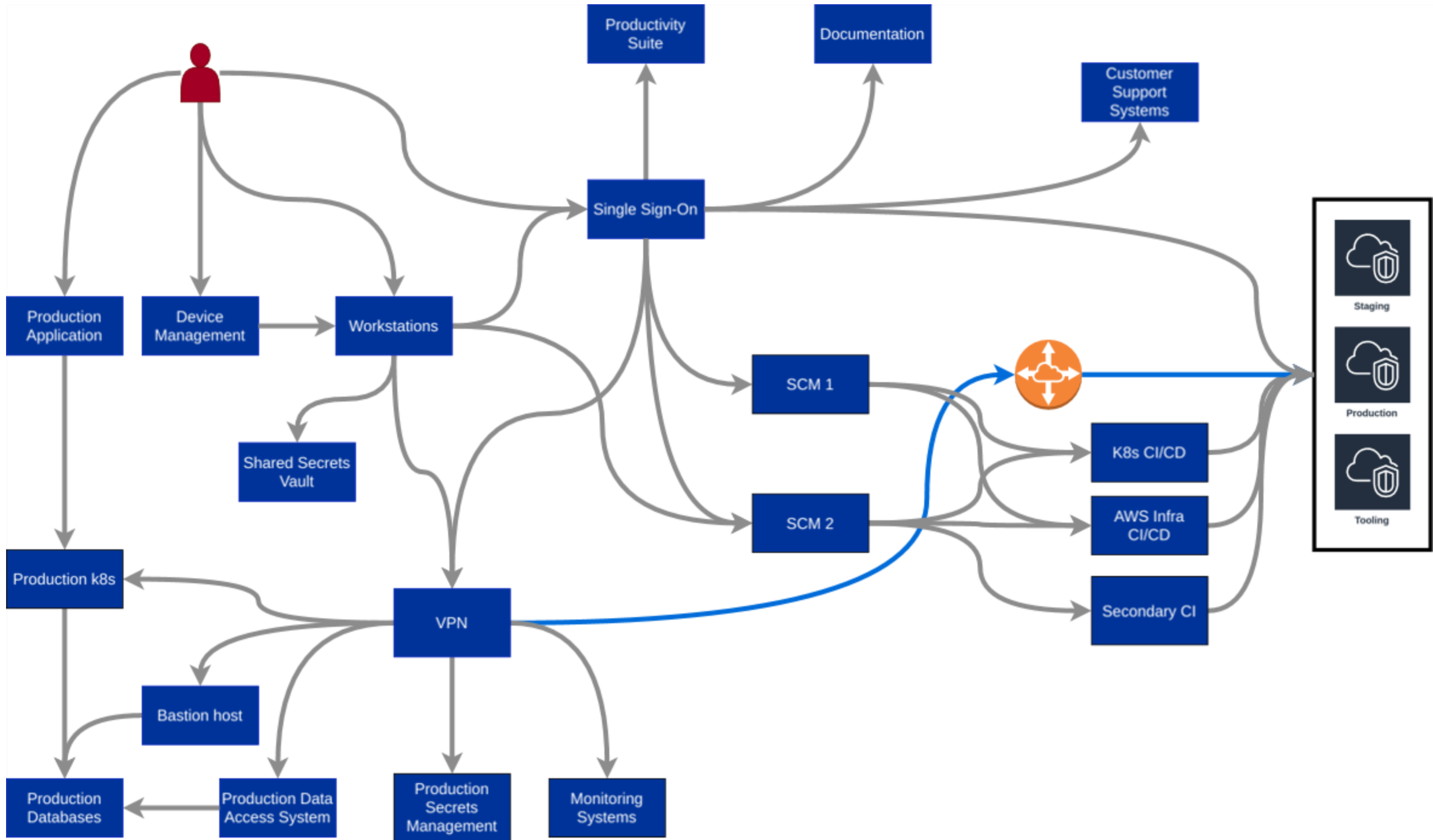
Where are most organisations weak?

What should you prioritise?

The Reality of Cloud Security

okta   Auth0





Attack Vectors



Cloud Native Management Services

Native SSH/RDP aren't great

- Network level access to manage
- Overhead of separate authentication systems
- Harder to log & audit

Cloud Native Admin Tools are *mostly* better

- (Usually) easier identity management, fewer networking concerns
- Caveat: It joins two previously separate security domains
- Your IAM/permissions model needs to be solid!

Cloud Native Phishing

Identity Platforms / SSO

- Okta, Ping, OneLogin, AuthO...
- Single point of access
- Supply chain risk too

Interesting security properties

- Multi Factor Authentication, Conditional Access Policies etc.
- Often poor session management
- Get the session token, get access to *everything*

Exploiting Development Workflows

Source Code Management

Everyone uses GitHub or similar to develop and collaborate on their code

CI/CD

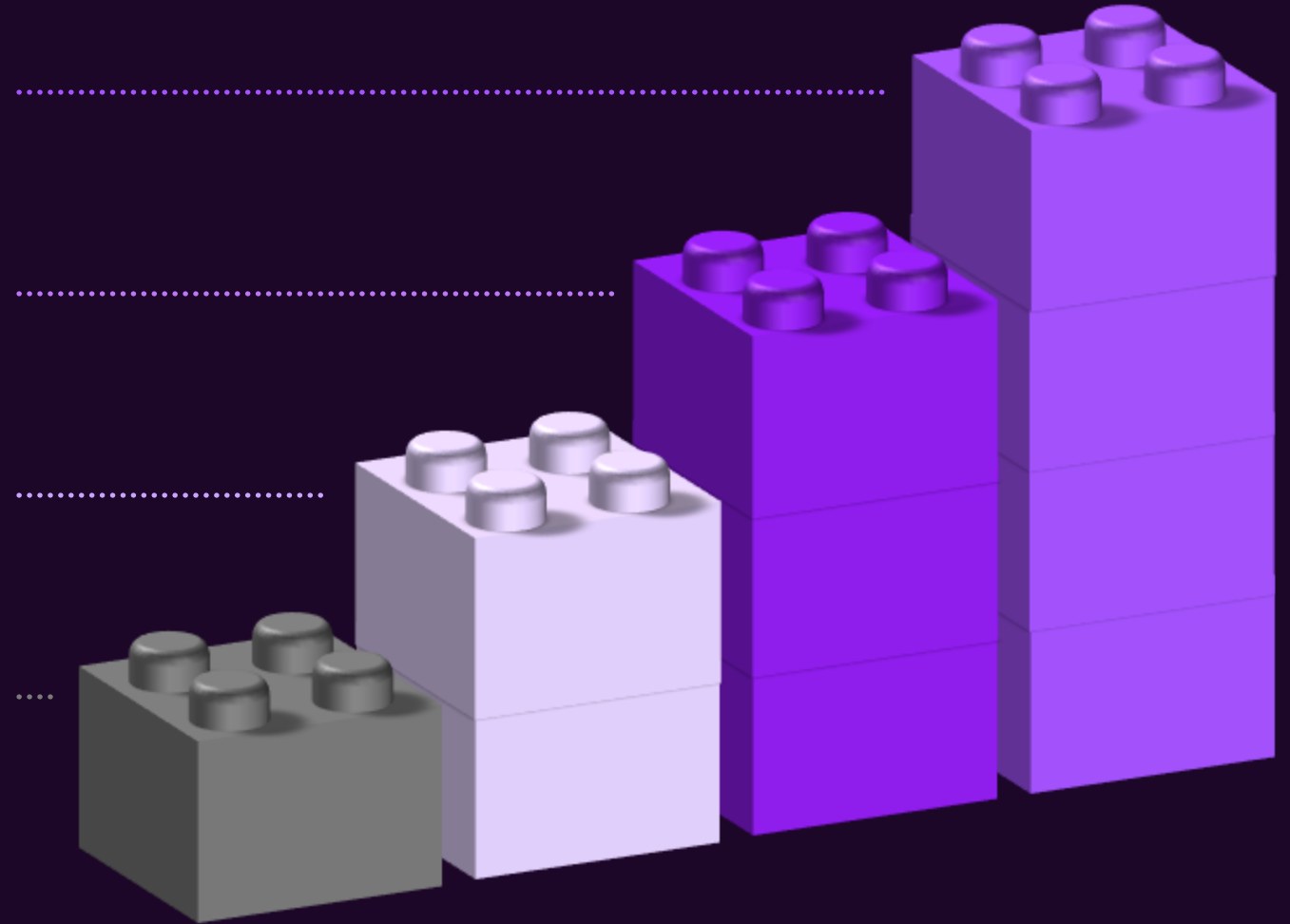
Continuous integration & delivery to automate testing & deployment of cloud workloads

Dev Usability > Security

Enabling devs to move at speed often means system architectures & controls are not hardened

Automatic IaC Deployments

IaC changes often automatically deployed after merging – can we bypass approvals process?



Terraform Cloud Exploitation

Pull Request

Opening a GitHub Pull Request triggers Terraform Cloud actions



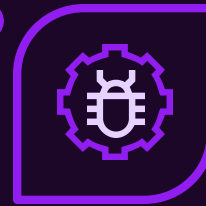
Terraform Plan

Terraform Cloud runs **terraform init** + **terraform plan**, executing all Terraform code in the process. Posts plan results back to GitHub pull requests as a comment



Code Exec

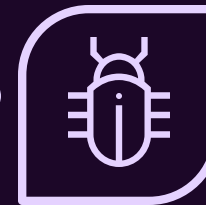
external resource type references a bash script, which is executed by **terraform plan**



Steal Creds

Bash script can steal and exfiltrate credentials to attacker. Common to find credentials in:

- Environment vars
- Metadata service



OIDC Trust Exploitation



OpenID Connect

Common Method to authenticate external systems (e.g. CI/CD) to AWS



Common to see it misconfigured

Missing "aud" or "sub" condition keys
Broadly scoped "sub" condition keys



Configure own repository to assume role -> gain access

Real World Breaches



Breach Dataset

Inspired by Rami McCarthy's Breach Dataset

- Curated dataset of AWS related security incidents
- <https://github.com/ramimac/aws-customer-security-incidents>

Highlights

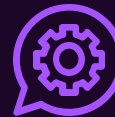
- >60 breaches back to 2014
- >50 incident reports
- Ignores S3 buckets – too many to count!

Inherently Flawed Data



Human Error

Not all breaches get spotted. Missing telemetry, misconfigured alerts etc



Low Hanging Fruit

It's easier to spot well known TTPs and low sophistication attacks than novel/advanced TTPs



Provider Malaise

AWS, Azure, Google, Oracle etc all hate talking publicly about breaches customers suffered while using their services

Open S3 Buckets

The perennial problem

- Biggest source of breaches for years now
- Trivial to find and exploit

Situation is Improving

- AWS providing good options to prevent
- Enable block public buckets everywhere!



Credentials

Most common cloud breach scenario

- Verizon DBIRs say ~70% of cloud breaches

Some fun options:

- Credentials in public repositories
- Insider threat / former employees
- Phishing!

Credential Management

People Problems

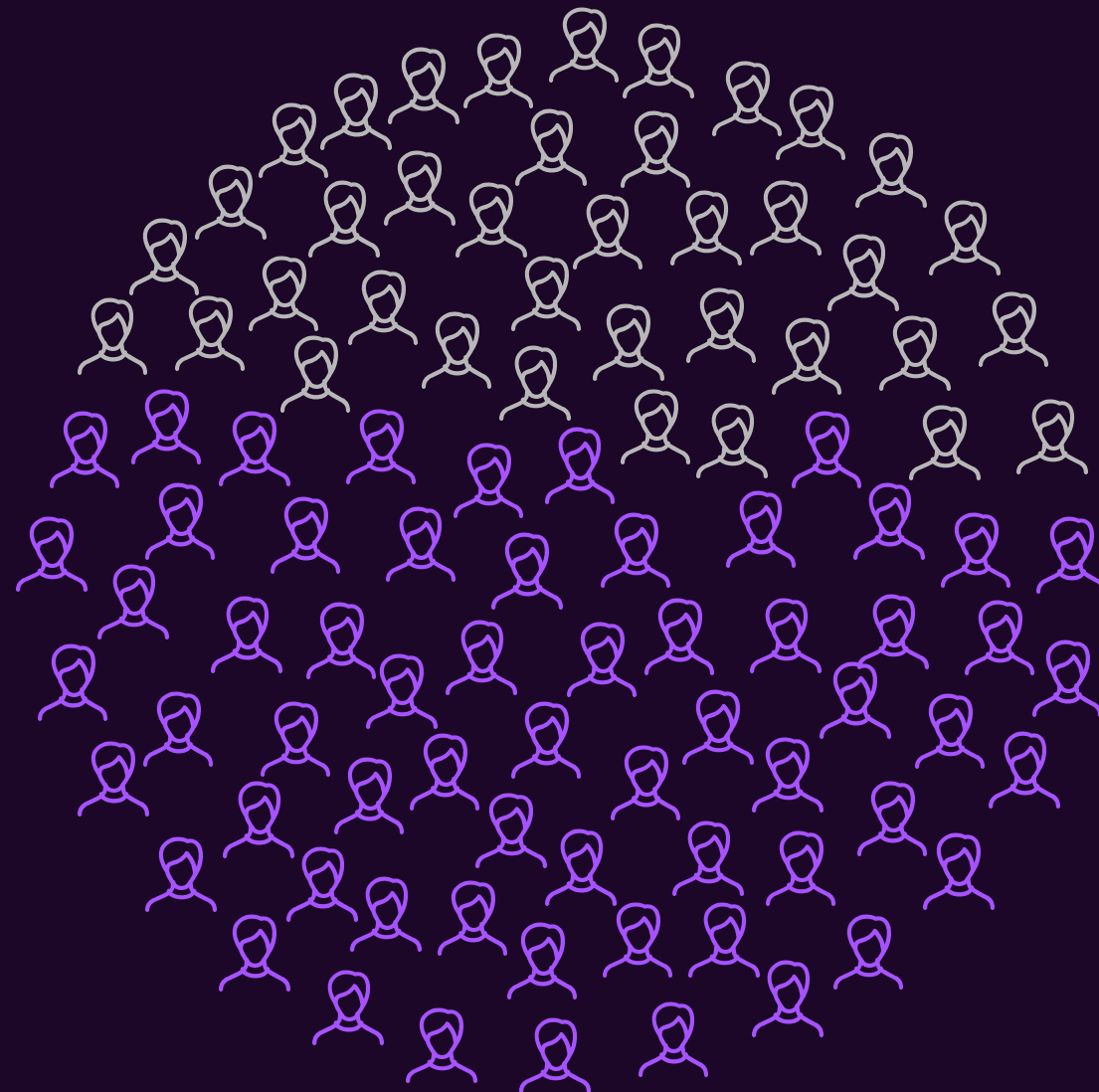
- Disgruntled current/former employees/contractors
- Hard to prevent insider threat
- Proper leaver management **really** important!

Secrets management

- Credentials in repositories
- Shared passwords

44%*

Breaches involving IAM users



* At least, given ambiguity of dataset

NUKE IT FROM ORBIT

A large, bright orange and yellow nuclear mushroom cloud explosion is centered in the image, set against a dark, cloudy sky. The cloud is reflected in the dark water of the ocean below. The overall scene is dramatic and powerful.

**ITS THE ONLY WAY TO BE
SURE**

memegenerator.net

Other Common Themes



AppSec

Application weaknesses out of the OWASP Top 10



Compromised CI/CD

Pivoting in via compromised CI/CD platforms



Phishing an Engineer

Phishing still a major risk, even in the cloud space



S3 Global Write

Somehow, people allow the whole world to write to their S3 buckets

Summary

Attackers look for the easiest path

Most attacks are opportunistic

Your org is likely not a priority target

The basics helps stop APTs too

Most get breached by the basics:

Public Storage Accounts

Forgotten accounts

Leaked credentials

Bad leaver handling

You **probably** won't get breached by:

Encryption at rest

Not using *[insert shiny security feature]*

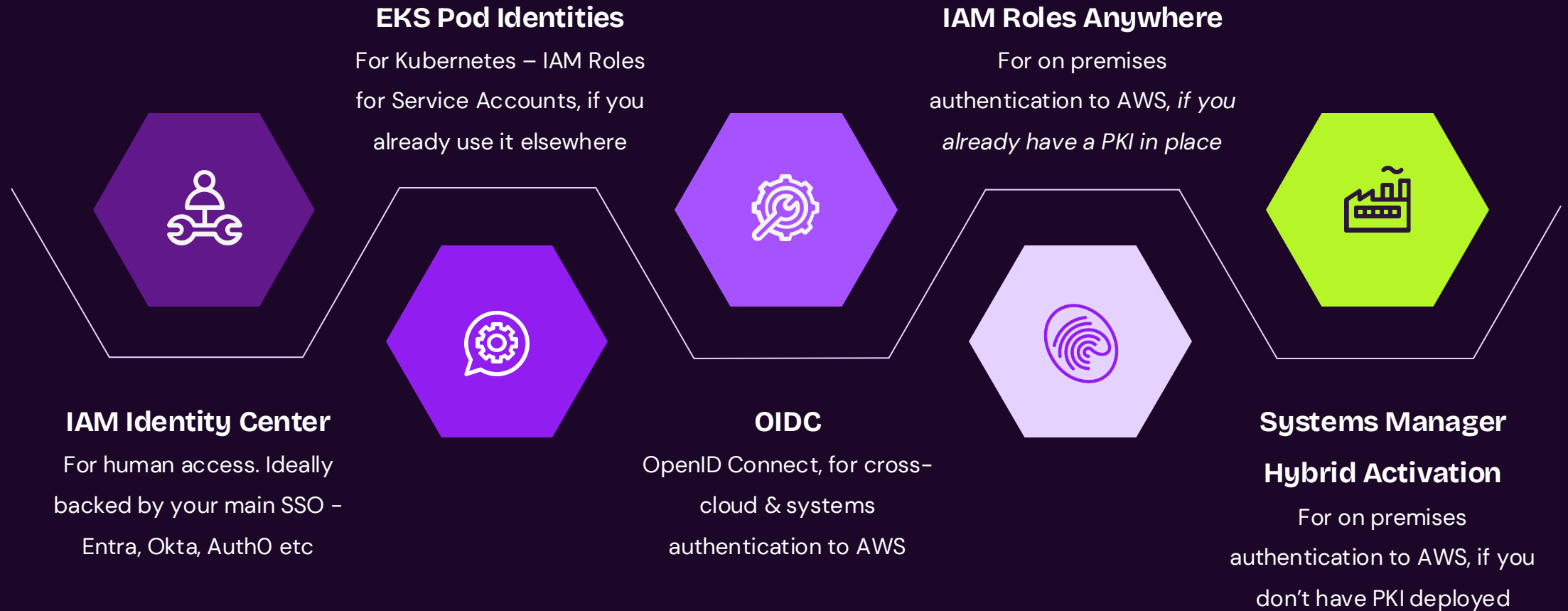
Zero days

CSP Insider threat

Doing Good Security in AWS



Replace your IAM Users



Strong Identity Controls

Enforce Multi-Factor Authentication (MFA) everywhere

Apply principle of not-very-much privilege

Eliminate long-lived credentials

Use provider-backed authentication where possible

Automate credential management and rotation



Production Access Control

1

2

3

Reduce the Need for Human Production Access

Design systems to reduce the need for human access to production systems & data, by providing robust production logging capability and CI/CD that allows emergency fixes to be deployed automatically

Use Production Access Control

Provide a means to gain production access that provides a robust security model, audit logs, and an approval workflow that ties into existing incident management processes and systems

Feed PAC logs into your SIEM

Audit logs from PAC should be monitored by security team, and activity tracked against the appropriate incident ticket

Pipeline Hardening

01 Code Scan IaC

Analyse IaC for malicious code on pull request before triggering TFC

03 Pipeline Assessments

Treat SCM and CI/CD as crown jewels, threat model and pentest accordingly

02 Four Eyes Checks

Enforce approval on all merges into master

04 Reduce Attack Surface

Standardise tooling, disable unneeded components

Secrets Management

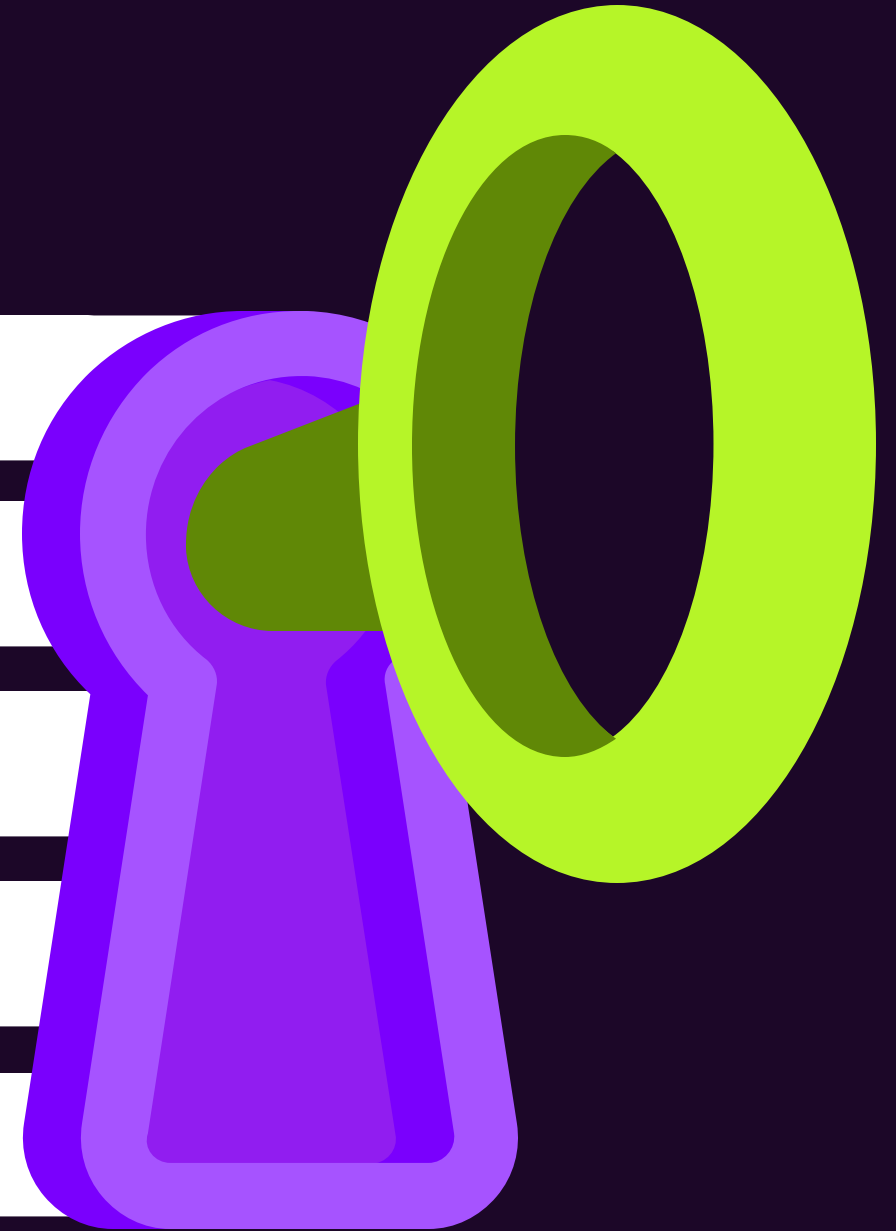
Often the key point of failure

Where do applications store their secrets?

How are credentials shared and rotated?

How do you know when secrets are leaked?

Use Secrets Manager / SSM Parameter Store!





Security Testing Done Right



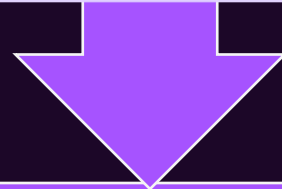
“Penetration Testing” in AWS

App Assessment/Pentest

OWASP Top 10

Business logic flaws

API flaws



Cloud configuration review / “pentest”

Configuration mistakes

IAM permission review

Network layout/SG
hardening etc

“Penetration Testing” Mostly Sucks

Basic config audits often called “pentests”

Driven by audits, not threats

Cloud engineering moves too fast

Low return on investment

Usually ignores critical supporting systems

What To Do Instead?



Automate

Leverage automation to drive as much security as possible



Assess

Use humans to find the rest, and simulate attackers

AI for CloudSec

Explosion of new AI tools – security no different

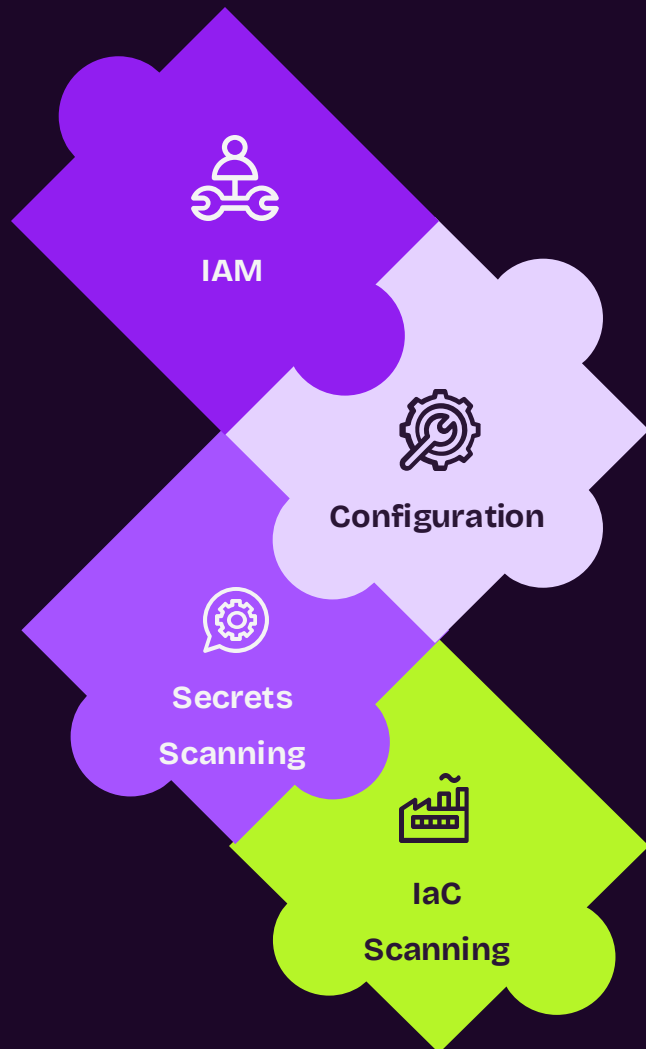
As ever, issues with hallucinations and misunderstandings

Lot of potential, though – watch this space!

For now, treat like a junior engineer on steroids



Security Automation



IAM

Identify IAM misconfigurations

Cloudsplaining, pmapper, iamgraph, IAMSpy, cloudfox



Configuration Analysis

Look for common/basic misconfigurations

Prowler, scoutsuite



Secrets Scanning

Spot secrets when they're committed/leaked so you can rotate them

Trufflehog, detect-secrets

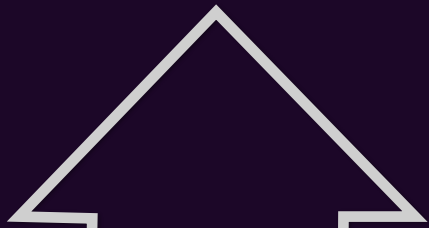


IaC Scanning

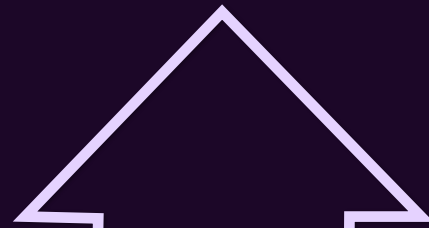
Spot configuration mistakes before deployment

Checkov, tflint, tfscan

Human-Led Reviews



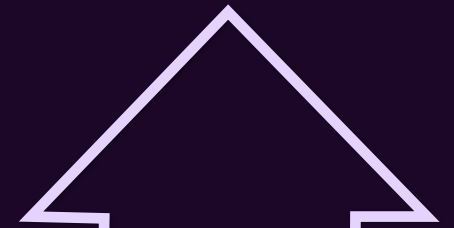
Support access,
bastion hosts



IAM & SCPs
Organization-
wide



SSO & PAM



SCM & CI/CD

Don't buy a "Red Team"

You probably don't need one

- All about stealth, validating detection and response
- Depth, not breadth

Red Teaming is the final step

- Confirm and harden your attack surface
- Build your detection and response
- Test hardening, detection & response collaboratively
- ... **then** maybe a red team!



Collaborating with Security Consultants



If You're Going to Buy a Penetration Test...

Make it
work for you

- Fit their testing and reporting into your workflows
- Push for deep advice and long-term solutions
- Ensure what they propose to do addresses your concerns

Find a good
partner

- Do they understand AWS/Cloud/DevOps?
- Can they show you relevant and novel R&D?
- Use engineers to vet providers' technical knowledge

Help Us Help You!

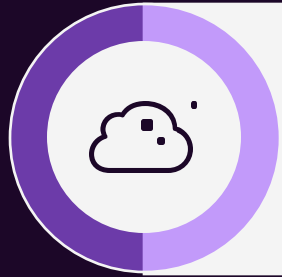
Access

- Give us read access to the AWS accounts
- If you're using IaC, show us that too

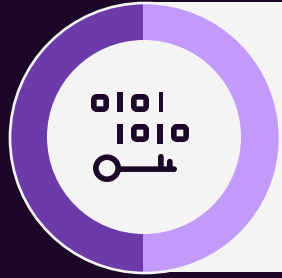
Work with us

- Help us understand what you've built
- Show us problems, help us design solutions
- Stay engaged and communicative with testers

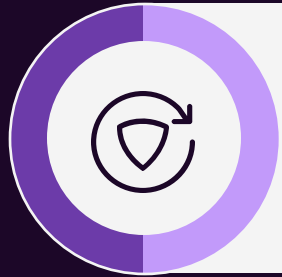
Conclusions



Security of the cloud extends to include a lot of external factors



Focus on identity, secrets management and CI/CD



Leverage automation and be smart about how you use humans

Staying Up To Date

Social Media

Twitter still king, sadly. See <https://www.nojones.net/cloud-security-resources> for some names to get you started

Slack

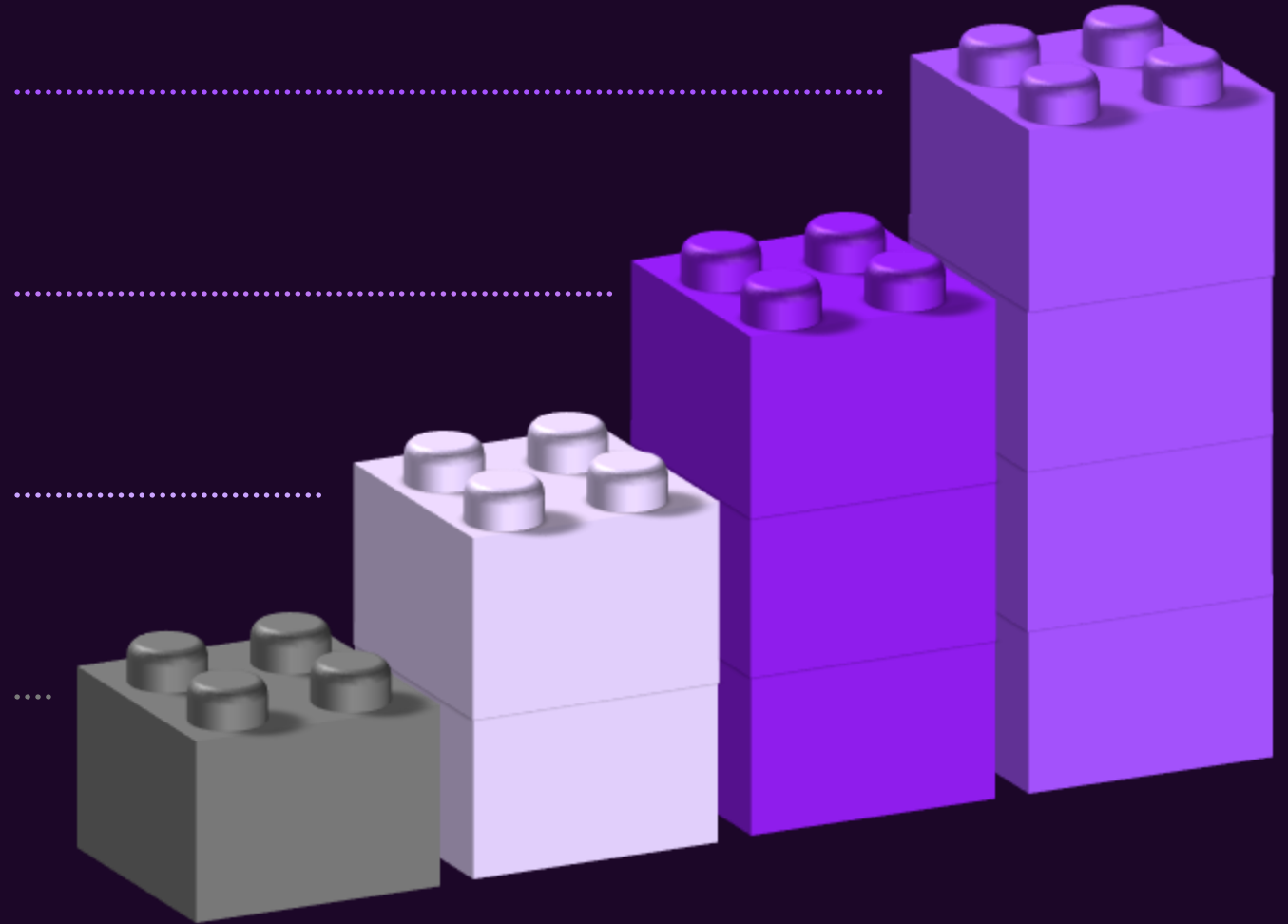
Fwd:cloudsec slack workspace:
<https://fwdcloudsec.org/forum/>

Conferences

Fwd:cloudsec NA + EU years ahead of the others, generally. DEF CON Cloud Village, Black Hat, etc. *sometimes* good

Local Meetups

AWS User Groups, Cloud Security Alliance Norway, OsloSec, BSides Oslo etc



REVERSE

Thanks for Listening!

<https://www.nojones.net>

Cloud Security Forum Slack: @Nick Jones

X: [@nojonesuk](#)

<https://www.linkedin.com/in/nickojones/>